

# Lord, who throughout these forty days

John Day's Psalter, 1562

St. Flavian  
C.M.

The first system of musical notation consists of two staves, treble and bass clef. The key signature has one flat (B-flat). The melody is written in the treble clef, and the bass line is in the bass clef. A fermata is placed over the final note of the melody, and the number '5' is written above it. The piece concludes with a double bar line.

The second system of musical notation consists of two staves, treble and bass clef. The key signature has one flat (B-flat). The melody is written in the treble clef, and the bass line is in the bass clef. The piece concludes with a double bar line.

**Lord, who throughout these forty days  
For us didst fast and pray,  
Teach us with Thee to mourn our sins  
And close by Thee to stay.**

**And through these days of penitence,  
And through Thy passiontide,  
Yea, evermore in life and death,  
Jesus, with us abide.**

**As Thou with Satan didst contend,  
And didst the victory win,  
O give us strength in Thee to fight,  
In Thee to conquer sin.**

**Abide with us, that so, this life  
Of suffering over past,  
An Easter of unending joy  
We may attain at last.**

**As Thou didst hunger bear, and thirst,  
So teach us, gracious Lord,  
To die to self, and chiefly live  
By Thy most holy Word.**

Claudia F. Hernaman