

# In the hour of my distress

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Holy Comfort  
77.76

The first system of musical notation consists of two staves, treble and bass clef, in a 4/4 time signature. The key signature has three flats (B-flat, E-flat, A-flat). The melody in the treble clef begins with a dotted quarter note, followed by eighth notes and quarter notes. The bass clef accompaniment features a steady pattern of chords and single notes.

The second system of musical notation continues from the first. It begins with a measure number '5' above the treble clef. The tempo marking 'Slower' is placed above the treble clef. The time signature changes to 4/4. The melody continues with a half note and quarter notes. The bass clef accompaniment remains consistent with the first system.

**In the hour of my distress,  
When temptations me oppress,  
And when I my sins confess,  
Sweet Spirit, comfort me.**

**When I lie within my bed,  
Sick in heart, and sick in head,  
And with doubts discomforted,  
Sweet Spirit, comfort me.**

**When the house doth sigh and weep,  
And the world is drowned in sleep,  
Yet mine eyes the watch do keep,  
Sweet Spirit, comfort me.**

**When, God knows, I'm tossed about,  
Either with despair or doubt,  
Yet, before the glass be out,  
Sweet Spirit, comfort me.**

**When the judgment is revealed,  
And that opened which was sealed,  
When to Thee I have appealed,  
Sweet Spirit, comfort me.**

Robert Herrick